

Thai Chicken Salad

Servings: 1

INGREDIENTS

- 1 ea Patuxent Farms® chicken breast, grilled and julienned
- 1 oz bamboo shoots
- 1 oz water chestnuts
- 1 oz snow peas, blanched
- ½ oz shredded carrot
- 1 oz green onion, bias cut
- 1 oz red pepper, julienned
- 1 oz bean sprouts
- 4 oz Cross Valley Farms® iceberg/romaine blend
- 3 oz Monarch® Thai satay dressing

PREPARATION

Place all ingredients except the chicken in a stainless steel bowl; toss well. Place salad on chilled plate and top with the grilled chicken.

